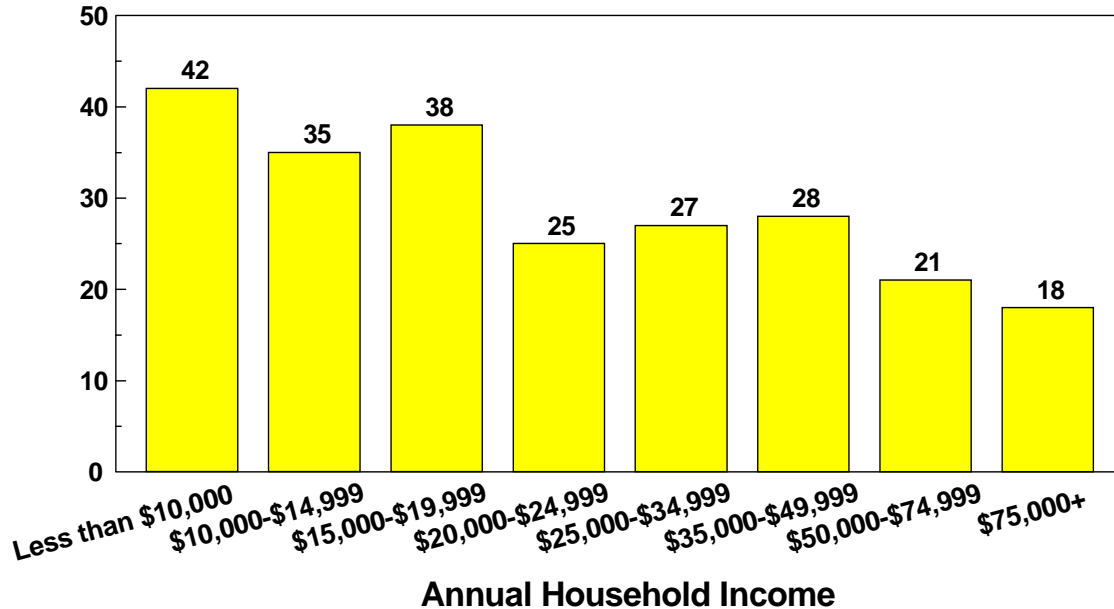


Percent of Adults Reporting Hypertension by Income, Tennessee, 1996

Percentage



Source: Tennessee BRFSS, TDH, 1996

- Age made a slight difference, with somewhat higher percentages of younger adults failing to eat fruits and vegetables (79%-80%), compared to older adults, 65+ over (70%).
 - Low fruit and vegetable consumption was marked among the less well-educated and lower income adults.
 - Among Tennessee adults with no schooling or an elementary education alone, 85%-86% lacked fruits or vegetables in their daily diets, compared to 82% of adults with some high school, 75% of high school graduates, 71% of those with some college, and 67% of college graduates.
 - Ranging from 85% of those with incomes less than \$10,000 to 68% of those with incomes of \$75,000 or more, the prevalence of low fruit and vegetable consumption varied directly with income level.

Source: Tennessee BRFSS. TDH and CDC Division of Policy and Planning, Health Statistics and Information on Adult Behavior, 1996.